

# SHERBORNE FOOD BANK

EST. 2011 | REG. CHARITY NO. 1156481 | [SHERBORNEFOODBANK.ORG](http://SHERBORNEFOODBANK.ORG)



A HELPING HAND  
IN THE COMMUNITY

## NEED A HELPING HAND? We're here for you...

We understand that life can be challenging. Sometimes situations are out of our control; whether due to benefit delays, redundancy, family separations, homelessness, illness, low income, unexpected large bills or for any other number of good reasons.

**Don't go without food while you tackle these problems.**

Please don't hesitate to contact one of our referrers (see the list overleaf) to arrange up to 6 weeks worth of emergency food to help you stretch your budget.

We deliver to Sherborne and the surrounding areas every Friday. For more information visit:

**[www.sherbornefoodbank.org](http://www.sherbornefoodbank.org)**

t: 07854 163869

e: [help@sherbornefoodbank.org](mailto:help@sherbornefoodbank.org)

# ASK ONE OF OUR REFERRERS

They will be very happy to help you

- ✓ Citizens Advice, Sherborne [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)
- ✓ Reception at your children's school or nursery
- ✓ Reception or social prescriber at your GP surgery
- ✓ Magna Housing
- ✓ Local churches of all denominations

## PLUS:

- ✓ Christians Against Poverty
- ✓ Clean Slate (Training & Employment)
- ✓ District Nurses at The Yeatman Hospital
- ✓ Dorset Council Refugee Resettlement
- ✓ Dorset Integrated Prevention Service
- ✓ Dorset Health Care Trust
- ✓ Dorset Leaving Care
- ✓ Dorset Police + Dorset Probation Service
- ✓ Early Help Hub
- ✓ Help & Care and Home-Start
- ✓ Hidden Needs Trust
- ✓ Julian House
- ✓ Lantern Resource Centre
- ✓ Reach Drug and Alcohol Services
- ✓ Sherborne Community Mental Health Team
- ✓ Sherborne Connect
- ✓ Sherborne SHARES
- ✓ The Rendezvous
- ✓ The Vale Pantry, Sturminster Newton
- ✓ Volunteer Centre Dorset

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